# Federation of Bosnia & Herzegovina – Nursing Students Global Health Professionals Survey (GHPS)

The Federation of Bosnia & Herzegovina Nursing Students GHPS includes data on prevalence of cigarette smoking and other tobacco use, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing the Federation of Bosnia & Herzegovina's comprehensive tobacco control program.

The Federation of Bosnia & Herzegovina Nursing Students GHPS was a school-based survey of 3<sup>rd</sup> year nursing students attending the 15 nursing schools in the Federation of Bosnia & Herzegovina. The school response rate was 100% and the student response rate was 86.0%. A total of 874 students participated in the Federation of Bosnia & Herzegovina Nursing Students GHPS.

#### **Prevalence**

66.3% ever smoked cigarettes (male = 63.8%; female = 67.1%).

33.0% currently smoked cigarettes (male = 27.3%; female = 34.8%).

12.0% ever used other tobacco products (male = 19.8%; female = 9.2%).

5.5% currently used other tobacco products (male = 7.0%; female = 5.0%).

29.5% of ever smokers smoked on school premises/property during past year.

19.1% of ever smokers smoked in school buildings during past year.

37.8% of ever other tobacco users used other tobacco products on school premises/property during past year.

29.3% of ever other tobacco users used other tobacco products in school buildings during past year.

## **Factors Influencing Tobacco Use**

77.1% were exposed to second-hand smoke at home, during past week.

85.7% were exposed to second-hand smoke in public places, during past week.

44.2% thought school has ban on smoking in school buildings and clinics.

63.8% thought school enforces ban on smoking in school buildings and clinics.

44.1% thought school has ban on smoking in indoor public or common areas.

77.1% thought school enforces ban on smoking in indoor public or common areas.

78.4% thought smoking should be banned in all enclosed public places.

82.8% thought tobacco sales to adolescents should be banned.

65.1% think there should be a complete ban on advertising of tobacco products.

52.3% of current smokers wanted to stop smoking.

74.2% of current smokers ever received help/advice to stop smoking cigarettes.

78.2% were taught about dangers of smoking during nursing training.

## **Role Model and Cessation Training**

71.5% thought health professionals serve as role models for their patients.

28.6% received formal training in smoking cessation approaches during nursing school.

90.3% thought health professionals should get specific training on cessation techniques.

### **Highlights**

Out of 100 students...

- 33 currently smoked cigarettes and 6 used other tobacco products.
- 17 of 33 smokers wanted to quit.
- 86 were exposed to smoke in public places.
- 78 supported a ban on smoking in all enclosed public places.
- 29 received training to provide patients with cessation approaches.
- 90 thought health professionals should get specific training on cessation techniques to use with patients.